**STREET CHAT**

- **Yoghurt Chat Bombs** - The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander. £4.95
- **Bhel Puri** - Bombay’s best loved street food. Puff rice with crisp gram threads, peanuts & tantalising spiced sweet & sour dressing. £4.50
- **Fenugreek Kissed Fries** - Potato with turmeric, fenugreek & the Mowgli masala. £5.75
- **Treacle Tamarind Fries** - The only lip smacking, spiced treacle, tamarind sleeked fries on the planet. So wrong...but so right. £6.95
- **Ruby Wrap** - An open roti wrap with soft tandoori chargrilled paneer cheese, jewels of pomegranate, mint, spinach & our rainbow of homespun Mowgli chutneys. £7.50
- **Mowgli Chip Butty** - A flavour grenade! Roti wrap, fenugreek kissed turmeric fries, chilli pickle, red onion, coriander, green chilli & Mowgli tomato relish. £6.95
- **Himalayan Cheese Toast** - Coriander, red onion & green chilli dressing, sharp cheddar & served with Indian pickle. £5.15

**STREET MEATS**

- **Gunpowder Chicken** - Mowgli’s chicken poppers, ginger, garlic, garam masala & golden fried in a chickpea batter. £6.50
- **Angry Bird** - Succulent chicken thighs marinated & roasted in tandoor spices, yoghurt, ginger & garlic, served with popped mustard Mowgli Slaw. £6.95
- **Monkey Wrap** - An open roti wrap with succulent, charred tandoori chicken, jewels of pomegranate, spinach, mint & that crazy rainbow of homespun Mowgli chutneys. £8.75
- **Maa’s Lamb Chops & Turmeric Chips** - Marinated in aromatic spiced yoghurt, ginger & garlic with tomato coriander & mint chutney. £8.95
- **Mowgli Sticky Wings** - Manchurian sticky sweet wings glazed in Mowgli spiced molasses & popped mustard seed. The chickpea batter gives uber-umami & gorgeous gluten free goodness. £7.25

**THE HINDU KITCHEN**

- **Holy Chow** - Vegan showstopper. Spiced chickpea, potato, spinach, fresh ginger & mango served in a loaf. £8.95
- **Mowgli Paneer** - Staff favourite. Tender cubes of soft paneer cheese simmered with velvety sweet, spiced tomatoes, garden peas & fresh spinach. £7.25
- **Tea Steeped Chickpeas** - Chickpeas simmered in a rich Darjeeling spiced tomato & spinach sauce. £4.95
- **Green Ginger & Rhubarb Dahl** - Tangy & sweet green mung lentils simmered with cumin, ginger & rhubarb. £4.95
- **Temple Dahl** - The ultimate Indian home comfort food. Red lentil simmered with toasted cumin, coriander & lemon. £4.50
- **Picnic Potato Curry** - How Indians tang their potatoes. Tossed in fenugreek, tomato & the haunting Bengal Fivespice. £4.95
- **Calcutta Tangled Greens** - The Mowgli founder’s favourite! Sweet & nutty drumhead with mustard seed & lemon. £4.25

**TIFFIN BOXES FOR ONE**

- **Office Worker’s Tiffin** - 4 tiers of meat, veg & carb jeopardy chosen by chef as it is in India. £16
- **Indian School Tiffin** - 4 tiers of veg & carb jeopardy chosen by mother - she is always right. £14

**THE HOUSE KITCHEN**

- **House Chicken Curry** - A lush Kerelan curry simmered with fragrant curry leaves, coconut milk & ground almonds. You want tame but tantalising? Then go for this one. £6.95
- **House Lamb Curry** - Falling apart & long simmered with anise, plums, chickpeas, this is my Dad’s recipe. A deep, rich, home kitchen gem. £7.25
- **Mowgli House Keema** - Succulent ground lamb, roast cumin, cloves, nutmeg, cinnamon, peas, tomatoes & pulses simmered for hours to create a darkly rich & hearty dish. £7.15
- **Agra Ginger Chicken** - Chicken pieces cooked in bright fresh ginger, North Indian garam masala, sweet tomato, coriander & spinach. £6.75
- **Mother Butter Chicken** - Chicken Tikka Masala does not exist in India; Butter chicken is the real, Mother’s kitchen, deal. Tandoori chicken pieces simmered in a rich, sweet, spiced tomato & yoghurt sauce finished with a gloss of butter. £7.95
- **Goan Fish Curry** - A full sunshine beach shack hit. Boneless market fish fillets simmered in a highly fragrant, fiery, tangy, sweet mahogany sauce. With tamarind, ginger, coriander & dried smoky Kashmiri red chilies. £8.25
- **Aunty Geeta’s Prawn Curry** - Tomatoes tangled with panch phoron, green chilli, fennel, garden peas & mustard - utterly addictive. £7.15
- **Bunny Chow** - Mowgli’s showstopper. South African Indian railway worker’s favourite. A fruity, hot, chicken & potato curry served inside a bread loaf. £8.95

**CARBS**

- **Puri** - Soft, fried, flat breads. These mean party time in the Indian home. £3.00 for 2
- **Elephant brand Roti breads** - Use like a spoon for curry. £2.90 for 2
- **Mowgli Basmati Rice** - Steamed with black cardamom & cumin. £2.50
- **Mowgli Slaw** - House red cabbage coleslaw with a popped mustard seed dressing. £2.35

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**Indian Street Market dishes that come out as and when they are ready.**
DESSERTS

Gulab Jamun £4.50
Syrupy brown nutty milk doughballs served warm with ice cream. You have to try these once in your life. This is the dessert that my family insisted made the Mowgli menu. They are to Indians the equivalent of a ‘nans’ sticky toffee pudding.

The Mowgli Chocolate Brownie £4.50
This is ACTUALLY what my family orders whenever they come in - blighters. Served warm with ice cream. (GF)

Homemade Ice Cream cones £2.95
Pink Himalayan Salted Caramel, (GF)
Mango, (GF)
Watermelon Sorbet. (GF) (Vegan)

NIGHT CAPS

Smoked Cardamom Old Fashioned £7.95
Monkey Shoulder whisky, apricot liqueur, smoked freshly fired black cardamom & curry leaves.

Masala Espresso Martini £7.50
Vodka, Kahlua & a double espresso shot with garam masala & sugar syrup.

COFFEES

Latte £2.55
Espresso £2.00
Americano £2.10
Cappuccino £2.55
(Soy available on request)

TEAS

English Breakfast £2.00
Peppermint Tea £2.00
Gunpowder Green Tea £2.00

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
Indian Street Market dishes that come out as and when they are ready.

**Gluten Free**

**Street Chat**
- Fenugreek Kissed Fries - Potato with turmeric, fenugreek & the Mowgli masala. £5.75
- Treacle Tamarind Fries - The only lip smacking, spiced treacle, tamarind slicked fries on the planet. So wrong...but so right. £5.75

**Street Meats**
- Gunpowder Chicken - Mowgli’s chicken poppers, ginger, garlic, garam masala & golden fried in a chickpea batter. £6.50
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- Maa’s Lamb Chops & Turmeric Chips - Marinated in aromatic spiced yoghurt, ginger & garlic with tomato coriander & mint chutney. £8.95
- Mowgli Sticky Wings - Manchurian sticky sweet wings glazed in Mowgli spiced molasses & popped mustard seed. The chickpea batter gives uber-umami & gorgeous gluten free goodness. £7.25

**The Hindu Kitchen**
- Mowgli Paneer - Staff favourite. Tender cubes of soft paneer cheese simmered with velvety sweet, spiced tomatoes, garden peas & fresh spinach. £7.25
- Tea Steeped Chickpeas - Chickpeas simmered in a rich Darjeeling spiced tomato & spinach sauce. £4.95
- Green Ginger & Rhubarb Dahl - Tangy & sweet green mung lentils simmered with cumin, ginger & rhubarb. £4.95
- Temple Dahl - The ultimate Indian home comfort food. Red lentil simmered with toasted cumin, coriander & lemon. £4.50

**Gluten Free Tiffin Boxes for One**
- Food roulette, total pot luck.
- **Office Worker’s Tiffin**
  - 4 tiers of meat, veg & carb jeopardy chosen by chef as it is in India. £16
- **Indian School Tiffin**
  - 4 tiers of veg & carb jeopardy chosen by mother - she is always right. £14

**The House Kitchen**
- House Chicken Curry - A lush Kerelan curry simmered with fragrant curry leaves, coconut milk & ground almonds. You want tame but tantalising? Then go for this one. £6.95
- House Lamb Curry - Falling apart & long simmered with anise, plums, chickpeas, this is my Dad’s recipe. A deep, rich, home kitchen gem. £7.25
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**Carbs**
- Mowgli Basmati Rice - Steamed with black cardamom & cumin. £2.50
- Mowgli Slaw - House red cabbage coleslaw with a popped mustard seed dressing. £2.35

**Desserts**
- Mowgli Chocolate Brownie £4.50
  Served warm with ice cream.
- Lassis – Long Yoghurt Coolers £3.95
  - Rose & Cardamom
  - Mango
- Handmade Ice Cones £2.95
  - Pink Himalayan salted caramel
  - Mango
  - Watermelon sorbet
  Please ask your server for a gluten free cone

100% Gluten free cannot be guaranteed. We can not guarantee non cross contamination of dishes. All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager. For parties over 5 a discretionary 10% service charge will be added to your bill.
STREET CHAT

Vegan Yoghurt Chat Bombs - The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander. £4.95

Bhel Puri - Bombay’s best loved street food. Puff rice with crisp gram threads, peanuts & tantalising spiced sweet & sour dressing. £4.50

Fenugreek Kissed Fries - Potato with turmeric, fenugreek & the Mowgli masala. £5.75

Treacle Tamarind Fries - The only lip smacking, spiced treacle, tamarind slicked fries on the planet. So wrong…but so right. £5.75

Mowgli Chip Butty - A flavour grenade! Roti wrap, fenugreek kissed turmeric fries, chilli pickle, red onion, coriander, green chilli & Mowgli tomato relish. £6.95

THE HINDU KITCHEN

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Tea Steeped Chickpeas - Chickpeas simmered in a rich Darjeeling spiced tomato & spinach sauce. £4.95

Green Ginger & Rhubarb Dahl - Tangy & sweet green mung lentils simmered with cumin, ginger & rhubarb. £4.95

Temple Dahl - The ultimate Indian home comfort food. Red lentil simmered with toasted cumin, coriander & lemon. £4.50

Picnic Potato Curry - How Indians tang their potatoes. Tossed in fenugreek, tomato & the haunting Bengali Five Spice. £4.95

Calcutta Tangled Greens - The Mowgli founder’s favourite! Sweet & nutty drumhead with mustard seed & lemon. £4.25

VEGAN TIFFIN BOXES FOR ONE

Food roulette, total pot luck.

Vegan School Tiffin 4 tiers of veg & carb jeopardy chosen by mother - she is always right. £14

CARBS

Puri - Soft, fried, flat breads. These mean party time in the Indian home. £3.00 for 2

Elephant brand Roti breads - Use like a spoon for curry. £2.90 for 2

Mowgli Basmati Rice - Steamed with black cardamom & cumin. £2.50

Mowgli Slaw - House red cabbage coleslaw with a popped mustard seed dressing. £2.35

DESSERT

Handmade Ice Cone - Watermelon sorbet. £2.95

A discretionary £1 is added to each bill. All proceeds go to The Mowgli Trust supporting our local house charity. No donation is mandatory, please inform your server if you would like to opt out. For more information please ask one of our staff.

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager. For parties over 5 a discretionary 10% service charge will be added to your bill.
CHRISTMAS AT MOWGLI

LUNCH MENU
£18.50pp Based on 2 sharing
Available 12noon - 4pm

STREET CHAT
4 x Yoghurt Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

Himalayan Cheese Toast
Coriander, red onion & green chilli dressing, sharp cheddar & served with Indian pickle.

TIFFIN BOXES

Office Worker’s Tiffin
4 tiers of meat, veg & carb jeopardy chosen by chef as it is in India.

or

Indian School Tiffin
4 tiers of veg & carb jeopardy chosen by mother - she’s always right.

Roti breads
Use like a spoon for curry.

EVENING MENU
£29.95pp Based on 2 sharing

STREET CHAT
4 x Yoghurt Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Bhel Puri
Bombay’s best loved street food. Puff rice with crisp gram threads, peanuts & tantalising spiced sweet & sour dressing.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

Gunpowder Chicken
Mowgli’s chicken poppers, ginger, garlic, garam masala & golden fried in a chickpea batter.

DESSERTS x 2

Gulab Jamun
Syrupped milk dough balls served warm with ice cream.

or

Handmade Ice Cone
Watermelon sorbet.

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
CHRISTMAS
AT MOWGLI

GLUTEN FREE MENU

LUNCH MENU
£17.95* Available 12th - 4th

STREET CHAT
Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

Gunpowder Chicken
Mowgli’s chicken poppers, ginger, garlic, garam masala & golden fried in a chickpea batter.

TIFFIN BOXES
1 x Curry Tiffin
Food roulette, total pot luck

Mowgli Basmati Rice
Steamed with black cardamom & cumin.

EVENING MENU
£29.95*

Glass of Bubbles each

STREET CHAT
Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

Gunpowder Chicken
Mowgli’s chicken poppers, ginger, garlic, garam masala & golden fried in a chickpea batter.

TIFFIN BOXES
2 x Curry Tiffin
Food roulette, total pot luck

Mowgli Basmati Rice
Steamed with black cardamom & cumin.

DESSERT
Mowgli Chocolate Brownie
Served warm with ice cream.

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
LUNCH MENU
£17.95 pp Available 12pm - 4pm

STREET CHAT
4 x Vegan Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

TIFFIN BOXES
1 x Curry Tiffin
Food roulette, total pot luck

Mowgli Basmati Rice
Steamed with black cardamom & cumin.

EVENING MENU
£29.95 pp

Glass of Bubbles each

STREET CHAT
4 x Vegan Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

TIFFIN BOXES
2 x Curry Tiffin
Food roulette, total pot luck

Mowgli Basmati Rice
Steamed with black cardamom & cumin.

or
Roti breads
Use like a spoon for curry.

DESSERT
Home-made Ice Cone
Watermelon Sorbet

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
£24.50 PP
(Based on 2 sharing)

Glass of Bubbles each

STREET CHAT

5 Yoghurt Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Himalayan Cheese Toast
Coriander, red onion & green chilli dressing, sharp cheddar & served with Indian pickle.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

TIFFIN BOXES

Food roulette, total pot luck.

Office Worker’s Tiffin
4 tiers of meat, veg & carb jeopardy chosen by chef as it is in India.

OR

Indian School Tiffin
4 tiers of veg & carb jeopardy chosen by mother - she is always right.

Elephant brand Roti breads
Use like a spoon for curry.

A discretionary £1 is added to each bill. All proceeds go to The Mowgli Trust supporting our local house charity. No donation is mandatory, please inform your server if you would like to opt out. For more information please ask one of our staff.

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
**SHARING MENU**

**BASED ON 2 PEOPLE**

£19.50 pp

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**STREET CHAT**

5 Yoghurt Chat Bombs
The heart of Mowgli. Crisp bread puffs filled with chickpeas, spiced yoghurt, tamarind & coriander.

Himalayan Cheese Toast
Coriander, red onion & green chilli dressing, sharp cheddar & served with Indian pickle.

Fenugreek Kissed Fries
Potato with turmeric, fenugreek & the Mowgli masala.

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**TIFFIN BOXES**

*Food roulette, total pot luck.*

Office Worker’s Tiffin
4 tiers of meat, veg & carb jeopardy chosen by chef as it is in India.

OR

Indian School Tiffin
4 tiers of veg & carb jeopardy chosen by mother - she is always right.

Elephant brand Roti breads
Use like a spoon for curry.

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A discretionary £1 is added to each bill. All proceeds go to The Mowgli Trust supporting our local house charity. No donation is mandatory, please inform your server if you would like to opt out. For more information please ask one of our staff.

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All dishes may contain **nut traces**. For **allergy** and **intolerance** information, please refer to our allergen sheet and inform the Manager.
M A I N S

Kids Gunpowder Chicken & fries £5.95
House Chicken Curry & rice £5.95
Mother Butter Chicken & rice £6.50
Mowgli Paneer & rice £6.25
Temple Dahl £3.95

D E S S E R T S

Handmade Ice Cones £2.95
Lassis – Long Yoghurt Coolers £3.50

D R I N K S

Selection of Soft Drinks
(see main menu)

All dishes may contain nut traces. For allergy and intolerance information, please refer to our allergen sheet and inform the Manager.
Every dish in Mowgli is freshly prepared in small kitchens that handle allergens and each dish contains spices that are ground externally. For this reason, we **CANNOT GUARANTEE** the absence of any allergens in any of our dishes. Customers with **life-threatening allergies** and **intolerances** must take this **significant risk** into consideration before choosing to dine with us. Please speak to the Manager before you order.

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